

SARAH HASTY

Warehouse & Logistics • Manufacturing • Certified Nursing Assistant

Myrtle Beach, SC 29588 | (717) 504-9229 | sarahhasty705@yahoo.com | Authorized to work in the US for any employer

PROFESSIONAL SUMMARY

Dependable, safety-focused worker with 15+ years of hands-on experience in warehouse distribution, package handling, manufacturing and caregiving. Certified forklift operator skilled in order picking, staging and balanced flatbed loading; former JLG assembly line lead and powder-coat painter; CNA with geriatric and wound care experience. OSHA 10/30 certified. Known for completing every task correctly and on time, following safety rules, and offering flexible shift availability.

CORE COMPETENCIES

Safety & Compliance: OSHA 10/30 safe work practices • Hazard-free work areas • Trailer weight distribution • ID / age verification
Equipment: Forklifts / combi lifts • Pallet jacks • Handheld scanners • Conveyors • Powder-coat spray guns • Torque tools • Man lifts
Warehouse & Production: Order picking • Banding / wrapping • Staging and audits • Trailer loading • Mechanical assembly • Blueprints
Patient Care: Geriatric care • Bathing, dressing and hygiene • Wound care and dressings • Wound VAC care • Household support

PROFESSIONAL EXPERIENCE

WAREHOUSE, LOGISTICS & DELIVERY

Forklift Operator | Lowe's Flatbed Distribution, Hagerstown, MD Sep 2024 – Jun 2025

- Operated combi lifts and forklifts (60K and 80K) to pick customer orders from racks by item number, averaging [#] orders per shift.
- Banded, wrapped and labeled picks by stop number (2-7) and staged them across locations 1A-18B for each designated truck.
- Audited staged loads and loaded flatbeds with level weight distribution to prevent damage; trained on Class A yard switcher trucks.

Package Handler | FedEx Ground, Hagerstown, MD Apr 2020 – May 2023

- Loaded and unloaded tractor-trailers, handling packages of 25-120 lbs at a rate of [#] packages per hour.
- Fed inbound freight onto conveyors for scanning and outbound sorting; kept work areas clean to prevent accidents.

Delivery Driver | FedEx Express, Hagerstown, MD Sep 2022 – Jan 2023

- Delivered [#] packages per day, using a handheld LEO device to scan packages, record customer details and capture signatures.
- Verified customer ID and date of birth for direct and indirect adult-signature deliveries in line with regulations.

General Laborer | Toys "R" Us, Frederick, MD Jul 2016 – Dec 2016

- Scanned, picked and packed outbound orders using handheld devices and conveyors, verifying correct labels and dates.

MANUFACTURING

Painter / Assembler | JLG Industries, Shippensburg, PA Jan 2023 – Aug 2024

- Powder-coated parts in the correct colors for JLG boom and scissor lifts, processing [#] parts per shift.
- Prepped parts through a heated soap-and-water wash line to remove dust and grime for a clean, quality finish.
- Verified part numbers and serial-number plates against blueprints, labeled pallets and assembled sub-components for shipment.

Line Assembler (Line Lead) | JLG Industries, Shippensburg, PA Apr 2018 – Aug 2018

- Led the 300/350/400/450 man-lift assembly line, maintaining a steady workflow for downstream stations.
- Installed and torqued hubs and motors to specification, completed motor wiring and kept the line clean to prevent falls.

HEALTHCARE

CNA / Caregiver – Geriatric Care | State, Waynesboro, PA Sep 2018 – May 2022

- Provided daily care for [#] elderly clients: bathing, dressing, hygiene, laundry, housekeeping, and grocery and clothing shopping.
- Treated venous leg ulcers twice daily with prescribed wraps and gauze; drained and maintained wound VACs to prevent infection.

CONSTRUCTION & PROPERTY SERVICES

Evictions / Clean-Outs | Mackintosh Realtors Mar 2012 – Aug 2015

Landscaper (Self-Employed) | Blue Ridge Summit, PA Jan 2010 – Jan 2015

Construction Worker | Hasty Construction, Cascade, MD Jan 2007 – Jan 2013

- Restored properties on 24-72-hour deadlines; remodeled and demolished structures with jackhammers, saws, spray guns, 3,800 PSI pressure washers and man lifts, measuring to 1/32 in.; provided full lawn and landscape care.

CERTIFICATIONS & LICENSES

Safety, Equipment & Welding: OSHA 30 • OSHA 10 • MSHA • Forklift • Pallet Jack • First Aid • AWS D1.1 / Welding Certification

Healthcare: Certified Nursing Assistant (CNA) • Geriatric Nursing Assistant (GNA) • Certified Medication Technician (CMT)

Driving: CLP • Tanker Endorsement • DOT Physical Certification • Non-CDL Class C Driver's License • Motorcycle License

EDUCATION

High School Diploma | Smithsburg High School, Smithsburg, MD